



RISE AND SHINE

Supporting front-line youth workers and youth educators to manage their well-being, and to continue to support young people

JULY

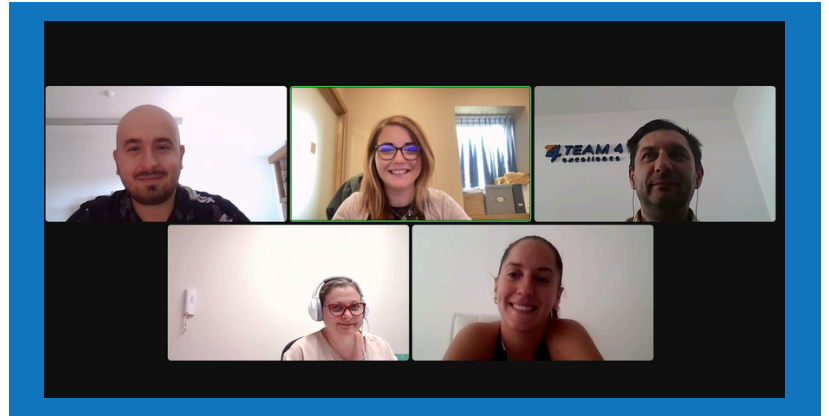
NEWSLETTER 2

ABOUT OUR PROJECT

This project prioritizes the well-being of youth workers, recognizing their critical role in supporting young people's mental health. Through collaboration with our partners, we'll provide comprehensive training, resources, and support programs.

These initiatives will focus on building the resilience and well-being of youth workers.

Stay connected to hear about our progress, upcoming events, and how we're making a difference together!



2nd online meeting

On June 21st, 2024, the Rise & Shine project team convened for their second meeting. Partners discussed the production of learning resources, which will be developed throughout the summer months. Additionally, the team finalized plans for the first transnational partner meeting to be held in Dublin this October.

Transnational partner meeting in Dublin

The project partners will meet face-to-face for the first time in Dublin on the 16th of October 2024. The Irish organisation, WeLearn, will host this event.

At this event, partners will present and test all prototypes of learning resources. They will also discuss the next steps and milestones of the project.



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Third online meeting

After working on developing the learning resources for all Work Packages throughout the summer months, partners will meet online again on the **2nd of September 2024** to discuss final adjustments to have everything ready for the face-to-face meeting in Dublin.

With mental health concerns becoming increasingly common, the Rise & Shine project offers a vital solution. It equips youth workers with the tools and resources they need to effectively support young people's well-being.



We invite you to join us on this exciting journey!

Stay tuned for updates on our progress, upcoming events, and opportunities to get involved!

Partner organizations from six European countries participate in this project:

ALK (Czech Republic)
WeLearn (Ireland)
T4E (Romania)
ARPIS (Spain)
SEAL (Cyprus)
50/50 (Greece)



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