

PODSQUAD Blended Mobility of Youth C1 Event
Unit 4, Virginia Shopping Centre
Virginia
County Cavan
24th October – 28th October

Monday 24th October

14.00 – 17.00

Welcoming participants with a series of Ice Breakers
Discussion on ideas for 10 podcasts – Each participant will choose 1 topic of their choice
Welcome drink in a traditional Irish Pub

Tuesday 25th October

10.00 – 12.00

Recap on the previous day's discussions
Introduction to "low-budget" equipment for podcast recording

12.00 – 13.00

Lunch

13.00 – 17.00

Studio time to record each podcast

Wednesday 26th October

10.00 – 12.00

More studio time if needed
Audio editing masterclass

12.00 – 13.00

Lunch

13.00 – 17.00

Audio editing Masterclass
Graphic design masterclass

Thursday 27th October

10.00 – 12.00

My Mental Health Workshop including talk from local youth provider

12.00 – 13.00

Lunch

13.00 – 17.00

Post workshop discussion

Gathering of ideas that participants would like to see included in PR2 Toolkit

17.00 – Late

Excursion to “Farmaphobia” Halloween Scare tour on a farm in County Meath, 30 mins from Virginia.

Friday 28th October

10.00 – 13.00

Video testimonials of participants in video studio

Presenting of certificates of attendance

Aims for the week

1. Participants will learn about audio recording, graphic design and audio editing.
2. Participants will also learn about some alternative “low-budget” equipment that can be used to create professional sounding recordings.
3. By the end of the week there will be 10 short podcasts recorded produced by the participants.
4. The topics of the PR2 “My Mental Health” resources will be chosen by the participants. This will give the participants the opportunity to have a stake in the project and it’s end results by directly choosing topics that mean something to them.
5. Each participant will get to choose 2 topics for the cartoons which will be produced at a later date.
6. Participants will discover what it is like to live in a small rural Irish village for a short period of time. This will open their minds to new experiences which will serve as inspiration to them when they return home.

All lunches will be provided on site by FIP.

Tickets and transport for the excursion on Thursday will be provided by FIP.