

ROCK SOLID SOFT SKILLS – PEER COACHING AND LEADERSHIP TC Kraków 25.08 -31.08 2021 INFOPACK

What to bring:

1. Endless amounts of good mood and motivation to work
2. A towel and your toiletries (toothbrush, shampoo and those kinds of things);
3. Flip flops can be useful, as you will be sharing showers with other people;
4. Slippers (indoor shoes) to use inside the house;
Earplugs? Remember you will be sharing a room with more people;
5. We will organise an intercultural evening so feel free to bring things that represents your country/city/region (it can be food, drinks, dress etc.)

We will provide reimbursement on the spot. However we also ask you to keep all the original boarding passes, receipts and/or other tickets with you in case we need them for bookkeeping.

Reimbursement per participant according to the country:

- Poland - 0,00 Euro
- Slovenia - 275 Euro
- Slovakia - 180 Euro
- Latvija - 275 Euro
- Italy - 275 Euro
- Spain - 360 Euro
- Cyprus – 275 Euro
- Lithuania – 275 Euro

The venue. We sleep here:

<https://www.atlantishostel.pl/eng> (We can get our rooms after 14:00, we have dormitory type rooms). The hostel is close to the Old Town centre and the Wawel Castle.

example distances:

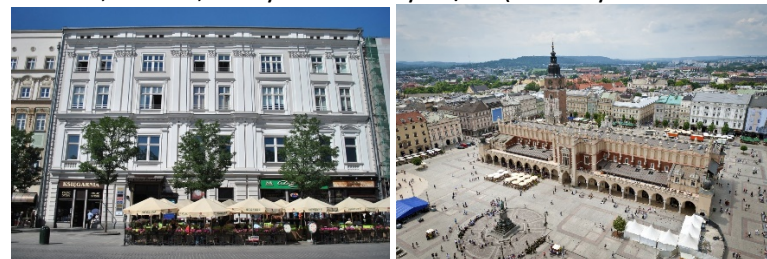
- Main Train Station – 1500m
- Main Market Square – 1100m
- Wawel Castle – 600m
- New Square (Kazimierz) – 400m
- Szeroka Street (Kazimierz) – 350m
- Balice Airport – 12km

We eat here:

<http://chimera.com.pl/en/>

The training room is here:

Kraków, 31-010, ul. Rynek Główny 34/15 (the very centre of Old Town)



EVERYTHING IS IN A CLOSE DISTANCE FOR WALKING



Wawel Castle

Contact details:

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The training course will be run with the use of **learning-by-doing** methodology and according to the concepts **non-formal education**.

The training course is run by two experienced trainers and is also based on **active participation** of participants from eight different countries.

Each country sends 3 participants.

The activity takes place in the Cracow city centre, just at the main market of the Old Town.

The goals of the project are:

- learning coaching management methods, sharing good practices, increasing leadership competences that will increase the motivation of employees and volunteers working with youth
- increasing motivation in young people by using a coaching management method to support young people and developing leadership potential in young people
- getting to know the coaching techniques and tools useful in the work of a leader and acquiring the skills to use them, which will increase the creativity of members and reduce the sense of routine among employees and volunteers working with young people.